

Field: Community and Rural Development, Public Health

Name: i-Care Foundation

Location: Karachi, Pakistan

Name of Positions: Summer Research Intern, Monitoring and Evaluation (1), Summer Research Intern, Mental Health (1)

Brief Description of Organization:

The i-Care Foundation is the first and only Donor Advised Fund (DAF) of Pakistan. This is a way of giving in which the donor - an organization, family, or individual, gives the donation to the DAF, for onward transmission to the charitable organization(s) of the donor's choice. The i-Care Foundation aim is to improve the quality of life of underprivileged Pakistanis, by enhancing the level of philanthropic support to deserving nonprofit organizations (NPOs), and by working with them to improve their capacity to deliver more, with greater impact. This includes assistance in scaling up and ensuring sustainability. In addition it supports joint initiatives between NPOs with complementary programs that collectively can have a greater impact. It works with over 40 charities from very small to very large ones. Till end of June 2012 i-Care has collected and disbursed Rs. 400 million. Its areas of focus include health, education, entrepreneurship, job creation and disaster assistance.

Information Specific to Summer Research Internships, Monitoring and Evaluation

Qualifications:

- Ability to learn quickly, thrive in a fast paced environment and prioritize effectively
- Extraordinary attention to detail, organizational and time-managements skills
- Ability to take direction, work independently and in teams, and ask questions

Primary Responsibilities:

The successful intern will conduct primary and secondary research, and report on Monitoring and Evaluation best practices and frameworks from the perspective of a DAF. He/she will study industry best practices in Pakistan, other third world countries as well as developed nations. The incumbent will be required to conduct field work which includes making site visits to non-profit and grant making organizations in order to gather data on current practices as well as organizational capacity which will be used to inform monitoring and evaluation strategies for i-Care. Assignment Details: -Conduct research based on source documents, own resources, and interviews with various organizations -Prepare a report and present the findings

Information Specific to Summer Research Internship, Mental Health

Qualifications:

- Ability to learn quickly, thrive in a fast paced environment and prioritize effectively
- Extraordinary attention to detail, organizational and time-managements skills
- Ability to take direction, work independently and in teams, and ask questions

Responsibilities:

Mental health problems all over the world and especially in Pakistan have reached alarming proportions. A large number of Pakistanis ranging from 18 to 29 million or 10 to 16 % of the

population suffer from mild to moderate mental illnesses, whereas 1% or about 300,000 people suffer severe mental illnesses. INTRODUCTION TO SHAMIL The project was started in August 2011 in Korangi area, targeting a population of 150,000. It has two main objectives:

1. To provide comprehensive mental health treatment for the underserved communities -- from community based early diagnosis and treatment at home, to treatment and rehabilitation at the outpatient settings.
2. To help re-integrate the treated back into the community and work environments through community sensitization, the relearning of lost day to day skills, work skills and education.

The Shamil Initiative has developed a workable model for community psychiatry that can be scaled up, to address mental health needs, more widely. The main aspects of the model are Lady Health Workers (LHW) and Social Workers driven patients' identification, referral, treatment compliance, community mobilization and changing community knowledge, attitudes and practices towards mentally ill patients. And finally life and work skills are provided for getting the patients back into the mainstream. The i-Care Foundation designed and managed the project and got a number of partners to collaborate.

OUTPUTS AND OUTCOMES

The major outputs of the Shamil Initiative are development of an excellent working model that can be replicated at other places, establishment of a Clinic, treatment of 790 patients, training of 25 LHWs, engagement of hospital/medical practitioners/community leaders, running of medical camps and formation of self help groups. The main outcomes are: 20% increase in awareness of the community that mental illnesses should be treated by psychiatrists/psychologists, 35% increase in patients seeking treatment, 18% increase in willingness of the community to help mentally patients and improvement in Global Assessment of Functioning (GAF) scores 63.2 % patients.

Schedule:

Summer internship opportunity of up to 8 weeks in duration

Stipend/Assistance:

i-Care will provide assistance in finding housing, a transportation stipend, and cultural excursions.

To Apply: Cover letter and Resume/C.V. should be sent to amansai@amanfoundation.org [Nida Pracha]. i-Care will organize a Skype interview with qualified applicants.

Website: <http://www.i-care-pakistan.org/#>